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# May 2006



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## Thought For The Month

At Easter our local churches welcomed not only regular and occasional attenders but visitors. It was good to be reminded of the diversity to be found in the Christian family - people of different races, nationalities, backgrounds and ages.

Fifty days after Easter we will celebrate the Whitsun. We will recall the time over two thousand years ago when pilgrims gathered in Jerusalem from every part of the known world for the Jewish Feast of Pentecost. It was a holiday time. In that context the first Christians had an overwhelming experience of the Holy Spirit and St. Peter preached the first open air sermon. Three thousand listeners heard him and were baptised then and there. So the Church was inaugurated, launched on the world. It was an amazing birthday. From then onwards the believers in Christ would be drawn from many nations and would speak many languages and yet be one body, one community.

We are challenged today to recognise the diversity in our churches and in our village. With the opening up of the European Union we have now been joined in this country by thousands of young people from the countries of the former Soviet Block. The largest number come from Poland but there are a good number from Lithuania and Slovakia. They are ready for any job, even if well below their academic or other qualifications. They work hard and contribute their gifts and skills as well as a natural friendliness. We also find that in our hospitals, local nursing and residential homes many qualified nurses have arrived from the Philippines. Very many of the new arrivals from these lands are practising Christians, often Catholics. They have become part and parcel of our local communities and increas-

ingly integral part of rural life. Contact with their Church is usually a first step that they take to "get their bearings". The roots of their belief are strong and they provide the rest of us with a challenge to be more welcoming, to celebrate our diversity and to be a people more open to the practical and spiritual gifts that they can offer to God, and to their faith and village.

As firms, institutions and agencies recruit extensively from Eastern Europe and beyond, it is time to ask - Are we ready to receive visitors or immigrants? How willing are we to learn about the rest of the world? How open are we to accept new ideas and new insights? How good are we, both as individuals and as church and village communities, in offering hospitality. Will we provide appropriate consideration for their material, physical and spiritual needs?

Recently I heard of churches in Aberdeen where there is standing room only as hundreds of people pack into pews and dozens more are crammed into the back. They come from Poland and are served by a Polish chaplain. They prefer to worship in their own language and they have a coffee shop that provides a useful point of information and acts as a drop-in centre.

Our local newcomers may need some points of social contact amongst themselves and it is good that the Filipino community now organizes parties, feasts and festivals in Weston-super-Mare and Bristol. But the real test of our claim to be a welcoming community will be our ability to provide a real experience of home life here. When the Spirit of God is active then barriers come down and true unity is seen to be a matter of the heart and not of language or cultural identity.

Fr.Peter Slocombe

# Prayer



The Church families of St. Andrew's and Banwell Methodist Church will be praying for the people in your area on the following Sundays.

## May

- 7th Emery Gate
- 14th Dark Lane
- 21st East Street
- 28th Greenfields Avenue

## June

- 4th Gables Close
- 11th High Street

If you have any special prayers or concerns, whether for yourself, one of your family or for a neighbour (e.g. someone who is sick: getting married: seeking employment: going away to work or college: or in any kind of trouble or difficulty), please ring one of the following numbers either to have a chat, or leave a message, or make an appointment for one of us to visit you, or vice versa.

The Revd. Sam, 852314

The Revd. D. & Mrs. H. Lockyer 822320

# Seniors Club

Once again we thank the owners and staff of the Whistling Duck for making us so welcome and serving us a delicious meal. We enjoyed a very nice and relaxed time.

We are looking forward to our coach trip, afternoon tea and entertainment with the Lions Club. These outings are much appreciated by us. We thank them for the effort and time they put in to give us an enjoyable time.

Now the weather has improved we look forward to seeing more of our members returning to the Club.

M. Bird (Sec)

# Roadworks

It is hoped that the roadworks that are at present closing Castle Hill will be finished by 15th May.

## Services In Our Churches

### ST. ANDREW'S

	8.00 am	Holy Communion
	10.00 am	Sung Eucharist
	3.30 pm	Evensong
1st Sunday	7.15 pm	Young at Heart

### METHODIST

	10.30 am	Morning Service & Sunday School
	6.30 pm	Evening Service

### ROMAN CATHOLIC Cheddar

Sunday	9.00 am	Mass
--------	---------	------

**ALL WELCOME**

## Pentecost Picnic in the Paddock

Sunday 4th June  
St Andrew's Church  
Congresbury

Bring your picnic and enjoy good company during the afternoon, before coming together for an outdoor service of celebration for everybody at 6.30pm.

Banwell Playgroup for rising 3s-5yr. olds meets Monday to Friday during term-time 9.00am - 11.30am. For more information please contact the Playgroup on 823404 or Wendy Lloyd 820605.

Baby/Toddler Group meets every Friday morning 9.30am -1.45am. at the Scout Hut. Contact Jane Gomm 822972.

Banwell Fish Scheme: Chairman Mrs Dinah Harrison 822344. Lift Co-ordinator Mrs G Boddy 823621.

Village Hall Booking Secretary: Mr David Westlake 30 Knightcott Road, Banwell. Tel: 822433.

Youth & Community Centre Booking Secretary: Jo Duffy (parish clerk) 824210, email clerk@banwell.org

Methodist School Room Hire Bookings Tel: 822873 or 822066

Banwell-Potigny Twinning Assoc. Contact Jeanne Evans 823878

Banwell Bridge Club Contact: Roger Boland Tel: 820615 or Meg Tillotson Tel: 823252

## Please note our email address & website

theeditor@banwellparishnews.org.uk  
www.banwellparishnews.org.uk

theeditor@banwellparishnews.org.uk

## From the Registers

### Funerals:

April	
6th	Robert Wallace
12th	Geoffrey Hebden
26th	Edward Prince

# Join In Our Carnival Parade

The Carnival Parade will take place on Saturday 15th July.

Young or old; group or individual, you can dress as you like. But for those who require a little direction, it has been mentioned that there will be a circus theme running throughout the Carnival this year.

So start rummaging through that fancy dress box and see what you can find!

Full details of start locations and times will be posted on the Village website shortly.

So what are you waiting for? Join in the fun!!

Carnival Open Gardens – Sunday 2nd July

If you would like to show off your green fingers, Hilary Evan would love to hear from you.

This year's carnival will include an open garden afternoon on Sunday 2nd July, from 1.30 until 4.00pm. All you have to do is open the gate and sit back and watch as friends and neighbours admire all your hard work.

If interested please call Hilary on 822087.

# Carnival Fair Help Wanted

If you can spare a few hours on Saturday 15th July we'd like to hear from you. We need extra hands to set up, run stalls and help co-ordinate Banwell's busiest day!

If you can help contact Hilary on 822087.

# W I

Life has been very busy for Banwell WI members in March. Here are some of our activities.

- 1 Mrs Pauline Alvis came along to our meeting to talk to us about cheese – lots of samples were consumed.
- 2 St. Patrick's Day at the Scout Hut was celebrated by having a Charity Lunch where money was raised towards a nebuliser for the Banwell surgery.
- 3 The Group Meeting at Locking saw 12 members go along to hear Mrs Jane Flood sing and tell folklore tales from all over the world. Congratulations to Jean Sims and Maureen Hobbs for coming 2nd and 3rd in the competition for a Farmers Market Poster.
- 4 Our Craft Group are now busy making Teddy Bears for the police to hand out to the children who are involved in car crashes.
- 5 Members went to the school to help children with Mothers Day cards and Easter Eggs.
- 6 A group of members are to attend the AGM at the Winter Gardens in Weston at the end of the month.

As you can see we are a very busy organisation. Always looking for new members.

Ann Lambert

*Apologies from the Editor this should have been in last month's issue but I unfortunately left it out.*

# Tribute to Geoff Gardening Tips For May

Geoff Hebden sadly passed away at the beginning of April. Geoff had been on Banwell Parish Council for 12 years from 1982 and was a very active member of Banwell's community. Our thoughts and prayers go out to his wife Alison, Lorna & Alex at this sad time.

Banwell Parish Council

## Are you 'Over the Hill'?

*You may be headed that way if . . .*

You wake up looking like your driving licence photo.

It takes twice as long - to look half as good.

At the breakfast table, you hear snap, crackle, pop and you're not eating cereal.

You sit in a rocking chair and can't get it going.

The twinkle in your eye is merely a reflection from the sun on your bifocals.

Everything hurts, and what doesn't hurt, doesn't work.

The pharmacist has become your new best friend.

You sink your teeth into a steak - and they stay there.

You give up all your bad habits and still don't feel good.

When happy hour is a nap.

When your idea of a night out is sitting on the patio.

You wonder how you could be over the hill when you don't even remember being on top.



Sow fast maturing and late flowering annuals, herbs and vegetables including parsnips, early carrots and runner beans. Harden off summer bedding plants and plant out. Thin out hardy annuals, vegetables and other seedlings sown outside. Stake and support chrysanthemums and any other plants that look suspect. Prune spring flowering clematis after flowering, pinch out the growing tips on bush fuchsias. Prune winter flowering heathers. Plant onion sets as soon as possible, earth up early potatoes, cut lawns keeping the mowing blades high.

### Churchill Music Society

## Cartledge Preiss Haward Trio

Flutes, melodica, piano; Guitar; Bass

**Saturday June 24th  
7.30pm**

**St. John the Baptist Church,  
Churchill**

The long established and stunningly successful tradition of bringing top class jazz to St. John the Baptist Church continues. This summer's exciting musicians are equally at home performing music from Swing to Samba, from Classical to Classic Funk. This concert truly has something for everyone.

Tickets: Members of Churchill Music :  
£7.50 Non-members £9.50 U18s £3.50  
from: Mrs. U. Dornton 852919

# Become A Councillor

This guide gives you a brief insight into parish councils. This is a very important time for the renewal of local community democracy - and this presents the ideal opportunity to revive your neighbourhood, village. Furthermore, parish councils are an effective and rewarding way to get involved in community life. It deals with local people and local matters on a day to day basis and welcomes help and interest.

## What are parish councils?

There are around 10,000 community, parish and town councils in England and Wales; they are corporate bodies and local authorities. They have a powerful voice to represent local people.

## What do these councils do?

Community, parish and town councils are the part of local government closest to the people. They serve the smallest area and are responsible for the most local of matters. Very importantly, these councils can “precept” - raising a sum collected with the council tax each year to improve facilities and services for local people.

In England they are called parish councils or town councils if they cover a largely urban area. In both England and Wales they are elected units of local government whose activities are controlled by Acts of Parliament. There are 10,000 community, parish

and town councils in England and Wales.

Parish, town and community councils in England and Wales have a number of basic responsibilities in making the lives of local communities more comfortable, many of which are often taken for granted. Essentially these powers fall within three main categories: representing the whole electorate within the parish; delivering services to meet local needs; and striving to improve quality of life in the parish.

Individual powers include the provision and maintenance of community transport schemes, traffic calming measures, local youth projects, tourism activities, leisure facilities, car parks, village greens, public lavatories, litter bins, street lighting, street cleaning, burial grounds, allotments, bus shelters, commons, open spaces, footpaths, bridleways, and crime reduction measures.

Community, parish and town councils can also comment on planning applications - they are statutory consultees (they have to be consulted if they so wish) and can be represented at public inquiries.

Parish, town and community councils may soon be granted more powers, especially as part of Quality Status. When councils are awarded this status they are allowed to negotiate with the local principal authorities (the district or county council or unitary authority) that certain responsibilities get devolved to the parish. This is part of the government's initiative to revitalise local democracy.

CONTACTS		Tel.
Church of England.	Rev. David Lockyer, The Vicarage, 3 East Street. Banwell	822320
Methodist.	Rev. Sam, Wesley Manse, Dinghurst Rd, Churchill	852314
Roman Catholic.	Rev. Fr. Peter Slocombe, The Presbytery, Tweentown, Cheddar	742564

# Expert Patients Programme

The Expert Patients Programme is a self-management programme delivered by lay people for anyone living with any long term or chronic health condition(s) and is run by The National Health Service.

Groups of 8 - 16 participants, with a mix of conditions, meet over six weekly sessions and are led through a structured course by trained tutors who are also living with a long-term or chronic health condition.

Each session (lasting two and a half hours) looks at ways to manage the effects of their long-term conditions such as :-

Dealing with pain and long term tiredness

Coping with feelings of depression

Relaxation techniques and exercise

Healthy eating

Communicating with family, friends and health professionals

Planning for the future

The course is FREE to anyone living with a long-term chronic health condition and will be held at St James Church Hall in Winscombe commencing Tuesday 22 June 2006 (2pm to 4.30pm) and thereafter each Tuesday through to 27 July 2006.

Transport can be provided if needed.

To book a place on the course commencing 22 June please contact Marilyn Edwards - Telephone 01275 546757 - all calls will be answered or returned.

Doctor David John the Senior Partner of the Wavering Down Surgery at Winscombe and Banwell has indicated that he fully supports this course.

Gareth Jones

# Senior Citizens

The Winscombe and District Senior Citizens Forum has recently celebrated its third birthday and during the past three years has been active in all matters appertaining to the well-being and improvement of conditions and facilities available, and in some cases not available, to the senior members of the community.

The question of State Pensions and Council Tax has been high on its agenda. Additionally there has been a high degree of involvement in The North Somerset Primary Care Trust proposals to improve primary care and community services.

At its recent Annual Meeting it was agreed to expand the membership to include the villages of Banwell and Sandford and that the Forum would meet 6 times each year. The Committee of the Forum was asked to look into several matters e.g. times of meetings, availability of transport if needed, and possible social events where members could get to know each other and possibly introduce their friends.

The Forum is a member of the South West Network and as such keeps in touch with other Forums throughout the area.

If anyone from Winscombe, Banwell or Sandford would like further details then please telephone John Ellis - 01934 844568 or Rod Hunter - 01934 843158.

They have Dial-a-Prayer for atheists now - you call up and it rings and rings but nobody answers.

St Andrew's Church  
**A Soup Lunch**  
 at the  
**Village Hall**  
 on  
**Monday 8th May**  
 and  
**Monday 12th June**  
 from 12.30 – 1.30pm  
**£1.00**  
**All welcome**

There are three ways to get something done:

1. Do it yourself.
2. Hire someone to do it for you.
3. Forbid your children to do it.

## Village Websites

Banwell Village Website – [www.banwell.info](http://www.banwell.info)

Contact: Graham Found, email: [graham@banwell.info](mailto:graham@banwell.info) Tel:822619

Banwell Parish Council Website – [www.banwell.org](http://www.banwell.org)

Contact Jony Russell, email: [wordsatwork@macunlimited.net](mailto:wordsatwork@macunlimited.net) Tel: 822715

The Friends of Banwell Primary School Website – [www.banwell.info/friends](http://www.banwell.info/friends)

Westfield Residents Assoc - [www.westfield.banwell.info](http://www.westfield.banwell.info)

email [westfield@banwell.info](mailto:westfield@banwell.info)

Banwell Bowling Club Website – [www.geocities.com/johnnyamos2002](http://www.geocities.com/johnnyamos2002)

Banwell Royal British Legion Website – [www.rbl.banwell.info](http://www.rbl.banwell.info)

## Geoff Hebden

Shi, Lorna and Alex would like to thank all friends and colleagues not only for the numerous messages of sympathy and of support following his tragic and sudden death, but also to the many people who joined with us at his funeral service to give thanks for his life. The whole family extend our sincere thanks to all who sent messages, prayers and tributes at this very difficult time.

## Oops

A young missionary in Chile was learning to ride a horse, an animal with which he was totally unfamiliar. "I don't like the look of its head," he complained to his riding instructor. "Don't worry," said the instructor – "you'll soon get over that!"

## News From The Gardening Club

This month is our last meeting before the summer break and is the Annual General Meeting. The speaker will be Les Cloutman who will be talking and showing slides on 'Somerset's Wonderful Wildlife'. The competition will be '3 Flowering Shrubs'. We meet on Thursday 25 May at 7.30pm in the Village Hall. Everyone is welcome. Visitors £1.50

Seats are still available for the coach trip to Stourhead on Monday 12th June leaving Banwell at 9.30am. If you are interested please ring Hilary on 822087

All of us could take a lesson from the weather. It pays no attention to criticism.

## Society of Archaeology

Our Anniversary will be celebrated on Friday, May 12th. There will be a Buffet Supper and all the usual quizzes and entertainment provided by the Members. Items for the Raffle would be appreciated. The evening will start at 7.00 p.m. and the cost - £3.00 per head.

"As far as the laws of mathematics refer to reality, they are not certain; and as far as they are certain, they do not refer to reality."

Albert Einstein



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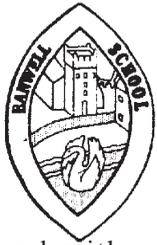
## On our own

It was once reported in Private Eye that the bishops were met together in conclave when the news came through that the Holy Spirit had resigned from the Church of England. "Whatever are we going to do now?" be-moaned a couple of new bishops. A wise old hand soon calmed them down: "We shall just carry on as usual, of course!"

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# One fantastic new sports hall is on the way

“Putting children first” is Banwell school’s motto and with a new school hall on the way, it certainly shows!

as they have finished the foundations and piping and they are finishing off the outer core of the sports hall. The roof and walls are more or less finished and now most of the work needed is for the facilities inside the building.

All this work means that it should be finished by the end of July. All the best Banwell!

By Molly Massetti and Layton Diver



E.R Hemmings have been building the new £860,000 sports hall since October last year. The finished building will consist of facilities such as disabled toilets, showers, changing rooms and offices for the school and public.

Children at Banwell school are all looking forward to the space and activities that they will have when the hall is finished. Year six are looking forward to having a new hall but are a bit cross as they won’t be in Banwell primary to see it finished.

According to the builders, all is going well

**To advertise in this magazine give our advertisement manager**  
**Mike Hebden**  
a call on 823517 to discuss your requirements

An Invitation To

## THE ANNUAL BANWELL PARISH ASSEMBLY

TO BE HELD ON

**FRIDAY 19th May 2006**

**At 7.30 pm in The Banwell Village Hall**

The Parish Council hopes that you or a representative of your organisation will be able to come along and give a short talk to the meeting on your achievements over the past 12 months and perhaps share any plans you may have for the future. We would be very happy if you would like to set up a display for the public.

**WE ARE HOPING FOR A LARGE TURNOUT**

R.S.V.P. (Jo Duffy – Parish Clerk Tel: - 824210)

**Thank You**  
Jill Wallis and family, would like to thank all our friends and family for their support and cards, after the sad loss of Bob. Also many thanks to John Irving for his professionalism.

## Heaven & Hell

Heaven is an English policeman, a French cook, a German engineer, an Italian lover and everything organized by the Swiss. Hell is an English cook, a French engineer, a German policeman, a Swiss lover and everything organized by the Italians.

(John Elliot)

  
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Banwell Society Of Archaeology  
**LOCAL HISTORY TALKS**

9 June	Electrical Appliances of a Bygone Age & AGM	Peter Lamb
14 July	Old Snuff Mills of Stapleton	John Bartlett
8 September	Weston Holiday Diary of 1836	Pat Hase
13 October	Bombing of Weston-Super-Mare	John Penny
10 November	Life as a Wheelwright & Carriage Restorer	Mike Horler
8 December	Bristol Castle & the Anarchy of King Stephen	William Evans

**REFRESHMENTS      RAFFLE**  
**WE MEET IN THE VILLAGE HALL AT 7.30**  
**ON THE SECOND FRIDAY OF THE MONTH**

## Apples

Up at the head table in the cafeteria, one of the nuns had placed a big bowl of bright red, fresh, juicy apples. Beside the bowl, she placed a note which read, "Take only one. Remember, God is watching."

At the other end of the table was a bowl full of freshly baked chocolate chip cookies, still warm from the oven. Beside the bowl lay a little note scrawled in a child's handwriting which read, "Take all you want. God is watching the apples."

WHEN my three year old daughter Olivia got back from her skiing holiday, her nanny asked if she'd been tobogganing, to which she replied: 'No, Nanny, I went to Bulgaria.'

Becci Henderson,

A critic is a man who knows the way but cannot drive the car.

## Colin Lilley

Colin died after a short illness and his funeral took place on Tuesday 7th March.

I know that not everybody who reads this would have known him personally but I expect that a lot of Banwell people would have seen him driving an Axe Vale coach somewhere in the area if not actually being driven by him to places as far apart as just about anywhere in Britain to France, Germany, Spain, Switzerland and Austria. You may be wondering why comments about him are in the Banwell parish magazine when he didn't actually live in the village, but you don't need to live in Banwell to be part of things that go on in it. He attended the men's breakfast when his driving duties allowed as well as becoming a member of the bellringing team at St Andrews. It was because he was a ringer that led to him driving the coach on the annual day's outing. No matter where the route went he would, without fail, point out something of interest along the way. His attitude was that he would do whatever he could for others to make their life happier, easier and more interesting without any concern as to what it meant for himself. There is a tremendous amount that could be written about Colin but the best compliment paid to him was the number of his friends and colleagues that came to the funeral service. There is no doubt that he will rest in peace.

G. Hebden

You have to wonder about humans, they think God is dead and Elvis is alive!

## Questions asked on a Cruise Ship

1. Do these steps go up or down?
2. What do you do with the beautiful ice carvings after they melt?
3. Which elevator do I take to get to the front of the ship?
4. Does the crew sleep on the ship?
5. Is this island completely surrounded by water?
6. Does the ship make its own electricity?
7. Is it salt water in the toilets?
8. What elevation are we at?
9. There's a photographer on board who takes photos and displays them the next day... the question was asked: 'If the pictures aren't marked, how will I know which ones are mine?'
10. What time is the Midnight Buffet being served?

*Paul Grayson, Cruise Director for the Royal Caribbean Cruise Line*

## Daddy's Girl

A young father was taking care of his baby daughter while his wife went to town shopping. He decided to go fishing and he had to take the toddler along. "I'll never take her along with me again!" he told his wife that evening. "I didn't catch a thing!"

"Oh, next time I'm sure she'll be quiet and not scare the fish away," his wife said. But the father said gloomily. "No, it wasn't that. She ate all the bait."

# Mothers' Union

Our April Meeting was cancelled for a very sad reason. The Village Hall was required following the Funeral of Geoffrey Hebden and many of our members wished to attend the Funeral Service.

St. Andrew's was crowded, even with about fifty mourners standing at the back. The Service was conducted by The Rev. D. Lockyer and Prebendary Christopher Marshall. The Organist was Mr Adrian Trapp.

The service was an emotional occasion as everyone had been deeply shocked by Geoff's sudden death whilst ringing church bells. The service was conducted with due dignity and decorum for someone who had given the service of a lifetime to Banwell. His brother, Mike, gave an excellent personal tribute recalling Geoff's service to St. Andrew's from choirboy through to Captain of the Bellringers, also to the village as School Governor and Parish Councillor, Retained Fireman at Banwell Station and even being in the team mowing the churchyard grass for twenty-five years.

Our sympathy goes out to his wife Alison [Shi], their children, Mr and Mrs Hebden Senior and all the family.

Sadly, Banwell bellringers have mourned the passing of Geoff Hebden and Colin Lilley this year. I wonder if we fully appreciate the efforts of our ringers year by year, without fuss, just pure dedication?

Week after week they ring, chime and peel through our village reminding us all that worship, prayer and praise continues at our village heart. Many of us will remember the eerie silence when the repair work went on some years ago. Happily, with some 40,000 regular bellringers in Britain the

special glory of English Bellringing still thrives. It has survived everything, past religious conflict, and the decline in church attendance – the village chime still suggests a link with the spiritual. The poet George Herbert wrote that prayer, itself, was like 'Church bells beyond the stars heard'. We are blessed with a band of talented ringers here in Banwell, long may the bells ring out from St Andrew's Tower remembering past ringers, those at present maintaining the tradition and looking towards those yet to come, keeping the continuity of 'prayer beyond the stars heard.'

Future Mothers' Union Events:

Our May Meeting at the village hall has been postponed until September.

Deanery Events: Friday May 5th Quiet Morning at St. Paul's W-s-M led by our Diocesan Chaplain, The Rev Sharon Crossman. 9.30am Coffee 10.00am start until 12noon.

We are, also, invited to attend a 'Cultural Exchange' with a group of Filipina ladies in St Paul's Hall W-s-M on Saturday 27th May at 12 noon. A Buffet Lunch will be provided by the Ladies from the Philippines at 1.00pm

Our June Meeting will be our Midsummer Outing to Wrington, with lunch at the Plough.

Details to follow.

*Permission granted for additional information Daily Telegraph: C.Howse*

The minister was praising his church council. "Unlike others I have known where half the council does all the work and the other half are hopeless, in this church it is completely the reverse!"

# 12 ideas to help you save water

The typical household could save the equivalent of 15 baths of water every week. Here's some ideas of how to do it....

1. A dripping tap can waste as much as 90 litres a week.
2. Brushing your teeth with the tap running wastes almost nine litres a minute.
3. Cool water kept in the fridge means you won't have to run the tap for ages to get a cold drink.
4. Don't use your washing machine until you've got a full load. The average wash needs about 95 litres.
5. Every time you boil an egg save the cooled water for your houseplants. They'll benefit from the nutrients released from the shell.
6. Fit a water-saving device in the cistern of your toilet and save about three litres a flush.
7. Grow your grass a little longer. It will stay greener than a closely mown lawn and need less watering.
8. Hoeing stimulates the growth of plants, reduces water loss from the soil surface and removes weeds that take up valuable water and nutrients.
9. Just taking a five-minute shower every day, instead of a bath, will use a third of

the water, saving you up to 400 litres a week.

10. Kettles should be filled with enough water for your needs, not to the brim.

11. Mulch for moisture in the garden. Add a layer of tree bark, compost, coconut husks or even newspaper to keep the sun off the soil and retain precious moisture.

# Unable To Visit Your Local Library?

A free service is available to all residents of North Somerset who are confined to their home or have difficulty getting about.

When you apply to join the service, you will be visited in your home by a library volunteer, who will ask a few questions about the type of books you like; whether you prefer large print or ordinary print, hardback or paperback etc.

As soon as your requirements are established, library staff will select items for you, which will be delivered to your home every 4 weeks by the volunteers. At the same time, they will collect any items you are returning to us.

For further information, contact Banwell Library on 822840 or Tricia Evans on 6636638

Copy for the next issue by the 26th May

EDITOR: Dave Colbourne, The Gate House, East Street, Banwell. Tel.822902  
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theeditor@banwellparishnews.org.uk

## WHAT'S ON THIS MONTH

### MONDAY

8th	12.30 - 1.30 pm	Soup Lunch	*	V.H.
8th	7.30 pm	Parish Council A.G.M.	*	V.H.
Weekly	10.00 am	Keep Fit & Tap Dancing	*	V.H.
Weekly	6.45 - 8.15 pm	Cub Scouts	*	Scout Hall
Weekly	6.00 - 8.45 pm	Beginners & Advanced Yoga	*	V.H.

### TUESDAY

23rd	7.30 pm	Banwell Flower Arranging Group - "Pedestal Arrangement" by Heather Lee	*	Meth. Hall
Weekly	4.30 - 5.30 pm	Beavers	*	Scout Hall
Weekly	10.00 am	Mendip Art Group (term time only)	*	V.H.
Weekly	1.00 - 3.30 pm	Playgroup	*	P. H.
Weekly	5.45 - 7.15 pm	Brownies	*	V.H.
Weekly	7.00 - 9.00 pm	Guides	*	Scout Hall

### WEDNESDAY

3rd & 17th	1.30 - 3.30 pm	Baby Clinic	*	V.H.
10th	2.30 pm	Mothers' Union - No meeting. Speaker postponed until September.	*	V.H.
12th	7.15 pm	Royal British Legion	*	Scout Hall
Weekly	7.30 pm	Bell Ringing Practice	*	St. Andrews
Weekly	8.00 pm	Banwell Sequence Dance Club	*	V.H.
Weekly	1.30 pm	Bridge Club	*	V.H.
Weekly	1.30 - 3pm	Baby & Toddler Group	*	P.H.

### THURSDAY

11th & 25th	10.00 am	Banwell Short Mat Bowling	*	V.H.
4th & 18th	7.30 pm	“ “ “ “	*	V.H.
11th	7.30 pm	W.I. Speaker: Mrs P Hase "Axbridge Workhouse"	*	V.H.
25th	7.30 pm	Gardening Club - Speaker: Les Cloutman "Somerset's Wonderful Wildlife"	*	V.H.
Weekly	7.30 - 10.00 pm	Youth Club (term time only)	*	Y.C.C.
Weekly	1.00 - 3.30pm	Playgroup	*	P.H.
Weekly	2.30 pm	Seniors' Club	*	V.H.
Weekly	5.30 - 6.30 pm	Rainbows	*	Scout Hall

### FRIDAY

12th	7.30 pm	Archaeology Society - Members Night Society Members	*	V.H.
19th	7.30 pm	Parish Council Annual Parish Assembly	*	V.H.
Weekly	7.30 - 9.30 pm	Scouts	*	Scout Hall
Weekly	9.30 - 11.45 am	Baby & Toddler Group	*	Scout Hall

## WHAT'S ON THIS MONTH

### SATURDAY

20th	10 am	Plants, Books and Cake Sale in aid of Banwell in Bloom	*	V.H.
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### SUNDAY

Weekly	11.00 am	Judo Club	*	Y.C.C.
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**Abbreviations:** \* Visitors Welcome; **V.H.** Village Hall; **M.H.** Methodist Hall;  
**P.H.** Playgroup Hall; **Y.C.C.** Youth and Community Centre.

## The Baby Book

By Rachel Waddilove, £7.99, Lion.

Rachel Waddilove has worked for many years as a private maternity nurse; her clients include Gwyneth Paltrow and Lady Ivar Mountbatten. In this book, she draws on her considerable professional and personal experience to advise young parents on eve-

rything they need to know about looking after a baby in its first year. Areas covered include: needs for the nursery, coming home from hospital, breast feeding vs bottle feeding, establishing a routine, sleep, crying and introducing solid food. In addition to the host of practical information given, Rachel also considers the emotional and social aspects of becoming parents.

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## Church Gates



In the very near future the main church gate pillars are going to undergo major restoration work. This is being paid for by North Somerset as they are responsible for the upkeep of the Church Yard. While this is being done St Andrew's Parochial Church Council are taking the opportunity to have the gates removed for restoration. This work is being undertaken by a local Banwell

firm Charles Ware, who have moved to the workshop in Moor Road. Employing as they do both modern and traditional methods of manufacture, they are well able to carry out such work. We look forward to seeing it all completed.



A sister from a local convent became a Certified Accountant to help small shop owners manage their finances better. Her title: "Nun of Your Business."

## What is special about the week 14 – 20 May?



300,000 people will take the good news out of the church and on to the streets.

More than 12 million people will see something that challenges them to think about those in need.

And 6 million households will respond.

The week is CHRISTIAN AID WEEK – the UK's largest house-to-house collection, and a time when whole communities engage with the issue of global poverty.

It is what church should be about – going out for others, not ourselves. Thank you for collecting, for giving, for praying, for campaigning for Christian Aid - every little bit makes a difference when people are desperate – and every little bit will change lives.

## Eat more fruit!

Eating even MORE than the recommended five portions of fruit and vegetables a day can help cut the risk of a stroke. Recent research by the University of London has found that people who eat three to five portions cut the risk by 11 per cent compared with those eating fewer than three, and those who eat more than five servings lower it by 26 per cent.

More than five fruits and vegetables a day: such a simple and non-expensive lifestyle change. But in the UK alone, it could mean 40,000 fewer strokes a year.